



To Inspire ...To Innovate ...To Include



Journey of Discovery to Find Belonging



To follow is a list of questions and reflections that have been compiled in an effort to get to know what is it that gives a specific person's life meaning...based on what is important to that person, what their desires are, what they find fulfilling in having 'good life'.

Each 'discovery' session is individualized to learn about the person you are getting to know. It's not necessary that each question be asked every time, but keeping all of these ideas in mind, you can gather a deeper, more complete vision of the person's life as you seek to learn their true essence and help them discover where they will find meaningful belonging.

**EVERYONE
MATTERS**



Tell me your story

- What a “good life” means to you?
- What would a really great day look like?
- What would the people that know you best tell me about you? How might you define yourself?
- Where do you most often feel yourself? Is there a certain place/time/experience?





What are your passions?

- Tell me some of the things you've experienced/tried? Was there something you were really enjoyed?
- What things do you really enjoy doing? What would you like to do more of?
- What brings you joy? People, places, things.....
- What does a meaningful day look like to you?
- If you could do anything, what might you choose to do?
- What is something you've always wanted to be able to try?
- What are your unique gifts?



Who is important to you?

- Who knows you the best?
- Who are the important people in your life?
- Who are the people you 'used' to know? Staff, friends, neighbors, family...
- What kind of personalities appeal to you? What kind of people are you drawn to?
- What are the best things about the relationships in your life now? What do you want more of?
- Do you feel people listen and respect you?
- Is there someone you've met you'd like to know better?
- Do you have a certain interest that you think others might share?
- Is there someone that has shown an interest in getting to know you better?



Where are your places?

- Do you have certain places you like to go? Why do you like to go there?
- What kind of events interest you?
- Are there places that you used to go, that you don't anymore and would like to try going to again?
- Is there some place you'd like to go, but haven't had the opportunity to go?
- Do you like going where there are lots of people around? Would you rather just go where there are only a few?

Please share with me anything else that is important



Your story

Your passions

Your people

Your places

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